



# PROFESSIONAL FOOD SERVICE CORPORATE CATERING MENU

A DIVISION OF MINTAHOE CATERING & EVENTS  
SINCE 1972!

2021



# THREE EASY STEPS

1

## PLACE YOUR ORDER

CALL **612.767.1767** | EMAIL **PFS@MINTAHOE.COM**

NOT SURE WHAT YOU WANT? WE HAVE LOTS OF IDEAS

BROWNIE POINTS: WE APPRECIATE 48 HOURS ADVANCE

2

## WE WILL CONFIRM

WE WILL TOUCH BASE ONE BUSINESS DAY PRIOR TO CONFIRM

3

## ENJOY YOUR MEAL!

OUR DELIVERY TEAM WILL SET EVERYTHING UP FOR YOU  
AND RETURN LATER TO PICK UP ANY EQUIPMENT

### QUICKLOOK

- 3 BREAKFAST
- 6 BOX LUNCHES
- 8 LIGHT LUNCHES
- 10 THEMED BUFFETS
- 11 DESIGN YOUR BUFFET
- 13 SEMINAR PACKAGE
- 14 BEVERAGES & DESSERTS

### DIETARY SYMBOLS

**GF** : GLUTEN FRIENDLY - CONTAINS NO GLUTEN

**V** : VEGETARIAN - NO ANIMAL PROTEINS EXCEPT DAIRY

**Vv** : VEGAN - NO ANIMAL PRODUCTS OR BY-PRODUCTS

**DF** : DAIRY FRIENDLY - CONTAINS NO DAIRY PRODUCTS

### ADDITIONAL DETAILS

CATERING MINIMUM OF \$75.00 AND 10 PEOPLE PER BUFFET

COMPOSTABLE DINNERWARE IS AVAILABLE FOR AN ADDITIONAL CHARGE

DELIVERY CHARGE IS BASED ON LOCATION AND THE SIZE OF YOUR ORDER

PROFESSIONAL STAFFING AVAILABLE FOR AN ADDITIONAL FEE

MINTAHOE TAKES ALL NECESSARY PRECAUTIONS TO PREPARE MEALS FOR GUESTS WITH FOOD ALLERGIES,  
BUT OUR KITCHEN IS NOT EXCLUSIVELY ALLERGEN FREE AND CROSS-CONTAMINATION MAY OCCUR.

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# WHY PROFESSIONAL FOOD SERVICE?

## WE KEEP IT SIMPLE

YOU ORDER. WE COOK. WE DELIVER. WE CLEAN UP. YOU SMILE.

SINCE **1972** (AKA A VERY LONG TIME), MINTAHOE'S PROFESSIONAL FOOD SERVICE HAS BEEN A LEADER IN THE TWIN CITIES CORPORATE CATERING REALM.

WE PRIDE OURSELVES ON DELIVERING OUR CLIENTS THE **BEST** MEALS WITH THE **FRESHEST** INGREDIENTS. OUR CULINARY & SALES TEAMS HAVE YEARS OF EXPERIENCE UNDER THEIR BELTS TO PROVIDE EXCELLENT FOOD FOR EVERY SINGLE EVENT & GUEST.

TO MATCH THE HIGH QUALITY FOOD, WE ENSURE OUR DELIVERY STAFF IS THOROUGHLY TRAINED TO BRING YOUR FOOD **QUICKLY, EFFICIENTLY** AND **PROFESSIONALLY**.

WITH **PROFESSIONAL FOOD SERVICE**, WE WILL MAKE YOUR NEXT MEETING, PARTY, OR JUST ANOTHER DAY AT THE OFFICE THE BEST IT CAN BE!



# Sunny-Side Up BREAKFAST BUFFETS

SERVED WITH CANNED JUICE • UPGRADE TO BOTTLED JUICE FOR \$.85 PER PERSON

## PRICED PER PERSON

INCLUDES DISPOSABLE BUFFET TABLE COVERING, SINGLE USE PLATES, FLATWARE, SERVING UTENSILS AND NAPKINS

### CLASSIC CONTINENTAL

\$8.05

FRESH FRUIT & YOUR CHOICE OF (3)

DANISH PASTRIES, ASSORTED BAGELS, STRUDEL STICKS, CAKE DONUTS,  
SCONES, ICED CINNAMON ROLLS, ASSORTED MUFFINS OR ASSORTED FILLED CROISSANTS

### REFRESHING YOGURT BAR V

\$9.95

STRAWBERRY OR VANILLA YOGURT WITH ASSORTED FRUIT TOPPINGS,  
GRANOLA, MINI MUFFINS, AND HARD BOILED EGGS WITH SALT & PEPPER PACKETS

### FARMHOUSE COUNTRY BREAKFAST

\$11.95

SCRAMBLED EGGS, COUNTRY-FRIED POTATOES, DANISH PASTRIES,  
BACON STRIPS OR SAUSAGE LINKS, AND FRESH FRUIT  
ADD SHREDDED CHEDDAR CHEESE OR SALSA FOR \$.50

### SOUTHERN BREAKFAST BURRITOS

\$11.95

YOUR CHOICE OF BACON, SAUSAGE OR HAM WITH FLOUR TORTILLAS,  
SCRAMBLED EGGS, SHREDDED CHEDDAR, DICED GREEN PEPPER, DICED ONION,  
SALSA & SOUR CREAM WITH POTATO ROUNDS, MINI MUFFINS, AND FRESH FRUIT

### NEW! VEGAN BREAKFAST SCRAMBLE Vv

\$11.95

SEASONED TOFU SCRAMBLED WITH VEGETABLES  
COUNTRY-FRIED POTATOES WITH ONIONS  
VEGAN MUFFIN WITH VEGAN BUTTER  
FRESH FRUIT

### ON THE GO BREAKFAST SANDWICHES

\$11.75

YOUR CHOICE OF BACON, SAUSAGE OR HAM WITH FLAKY CROISSANTS  
OR ENGLISH MUFFINS, SCRAMBLED EGG, SLICE OF CHEESE, HASH BROWNS,  
MINI MUFFINS, AND FRESH FRUIT

### FABULOUS FRENCH TOAST BAKE

\$11.95 INCREMENTS OF 12

WITH SCRAMBLED EGGS, BACON STRIPS OR SAUSAGE LINKS, AND FRESH FRUIT

### SAVORY BREAKFAST QUICHE

\$11.95 INCREMENTS OF 12

HAM OR SPINACH V QUICHE IN A BUTTERY  
PASTRY CRUST SERVED WITH BACON STRIPS,  
ICED CINNAMON ROLLS, DANISH PASTRIES, AND FRESH FRUIT

### BAKED EGG DELIGHT V

\$11.95 INCREMENTS OF 12

GREEN PEPPER, ONION, MUSHROOM & SHREDDED CHEDDAR  
SERVED WITH ASSORTED MUFFINS AND DANISH PASTRIES,  
YOUR CHOICE OF BACON STRIPS OR SAUSAGE LINKS, AND FRESH FRUIT

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# BREAKFAST A LA CARTE

## HEALTHY CHOICES

INDIVIDUAL YOGURT (includes Greek yogurt)  
\$2.25

YOGURT & GRANOLA STRAWBERRY OR VANILLA (10 person minimum)  
\$2.75

**NEW!** HEALTHY SNACK BARS (kashi, belvita, kind & assorted protein bars) \$3.45

STEEL CUT OATMEAL (10 person minimum)  
BERRIES, BROWN SUGAR, WALNUTS, DRIED CRANBERRIES  
\$4.25

HARD BOILED EGG  
\$1.75

FRESH FRUIT (10 person minimum)  
FRESH CUT FRUIT BOWL or SLICED FRUIT TRAY  
\$3.75

FRESH WHOLE FRUIT (10 person minimum)  
APPLE, BANANA, ORANGE & PEARS  
\$1.95

**NEW!** YOGURT PARFAIT (10 person minimum)  
LAYERED WITH VANILLA YOGURT, BLUEBERRIES, RASPBERRIES & GRANOLA  
\$6.45

## WARM UP YOUR MORNING

SCRAMBLED EGGS  
\$3.00

BACON STRIPS (2 PER)  
\$3.00

SAUSAGE LINKS (2 PER)  
\$3.00

TURKEY SAUSAGE LINKS (2 PER)  
\$3.00

**NEW!** VEGAN BREAKFAST PATTIES (2 PER)  
\$3.25

**NEW!** COUNTRY-FRIED POTATOES WITH ONIONS  
\$3.00

## BAKE THE WORLD A BETTER PLACE

ASSORTED MINI PASTRY TRAY (2 PER) BAGELS, MUFFINS, STRUDEL STICKS & DANISH  
\$21.95 PER 12 GUESTS

COFFEE CAKE  
\$13.95 (per 12 slices)

FRUIT BREAD  
\$13.95 (per 12 slices)

ASSORTED CAKE DONUTS  
\$1.30

ASSORTED MUFFINS WITH BUTTER AND HONEY  
\$2.95

ASSORTED BAGELS WITH CREAM CHEESE  
\$2.30

CROISSANTS STRAWBERRY OR CHOCOLATE  
\$2.30

ICED CINNAMON ROLLS  
\$2.30

ASSORTED SCONES  
\$3.50

ASSORTED DANISH  
\$2.30

ASSORTED STRUDEL STICKS  
\$2.30

## BREAKFAST BEVERAGES

FRESH BREWED COFFEE

1 GALLON ... \$24.95

2.5 GALLONS ... \$42.95

5 GALLONS ... \$69.95

BOTTLED JUICE  
\$2.25

BOTTLED WATER  
\$1.75

ASSORTED INDIVIDUAL MILK  
\$1.75

HOT TEA  
\$1.50

## HAVE DIETARY RESTRICTIONS? HERE YOU GO!

CAKE DONUT GF, DF ... 2.25

MUFFIN GF, DF ... 3.50

MINI MUFFINS (2 per) GF, DF ... 3.50

SCONE GF ... 3.50

BAGEL GF, DF ... 3.50

SOY YOGURT GF, DF ... 2.50

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# BOXED BREAKFAST

\$11.25

**NEW!** INDIVIDUAL YOGURT (INCLUDES GREEK YOGURT) AND HARD BOILED EGG WITH SALT & PEPPER PACKETS

CHOOSE ONE

MUFFIN WITH BUTTER & HONEY, BAGEL WITH CREAM CHEESE OR BREAKFAST BAR

AND  
CHOOSE ONE

RED GRAPES OR BANANA

EITHER CANNED FRUIT JUICE OR VEGETABLE JUICE



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# WHOLESOME BOXED LUNCHES

PRICED PER PERSON

## CLASSIC

\$11.50

SERVED WITH LEAF LETTUCE, MAYO & MUSTARD PACKETS AND FRESH COOKIE OR BAR

### SANDWICH

SMOKED TURKEY BREAST  
SMOKED HAM  
ROAST BEEF  
CHICKEN SALAD  
TUNA SALAD  
GARDEN V

### BREAD

WHOLE WHEAT  
WHITE KAISER ROLL  
MARBLE RYE  
PRETZEL BUN Vv  
WHEATBERRY  
MULTI-GRAIN GF, DF

### CHEESE

SWISS  
CHEDDAR  
PROVOLONE  
PEPPER JACK

### SIDE

KETTLE CHIPS GF, DF

### DESSERT

CHEF'S CHOICE COOKIE  
OR BAR

### FRUIT

SEASONAL FRUIT

**NEW! VEGAN SANDWICH WITH HUMMUS, SPROUTS, CUCUMBER, TOMATO, AVOCADO & LEAF LETTUCE IN A PITA  
SERVED WITH LENTIL CHIPS, SEASONAL WHOLE FRUIT AND A VEGAN COOKIE**

\$11.95

## VIP

\$14.25

SANDWICHES ARE SERVED WITH ASSORTED FRUIT, SIDE & DESSERT. SALADS ARE SERVED WITH A BREADSTICK OR CROISSANT. BOAR'S HEAD MEATS AVAILABLE FOR AN ADDITIONAL CHARGE.

### SANDWICH

SMOKED TURKEY BREAST  
SMOKED HAM  
ROAST BEEF  
CHICKEN SALAD  
TUNA SALAD  
GRILLED CHICKEN BREAST  
CLASSIC CLUB  
SUPER-SUBMARINE  
GARDEN V

### BREAD

WHOLE WHEAT  
WHITE  
WHITE KAISER ROLL  
MARBLE RYE  
WHEAT BERRY  
CROISSANT  
FRENCH ROLL  
GLUTEN FREE AVAILABLE

### CHEESE

SWISS  
CHEDDAR  
PROVOLONE  
PEPPER JACK  
COLBY-JACK

### FRUIT

FRUIT CUP OR KABOB  
RED GRAPES

### SIDES

COLESLAW GF  
POTATO SALAD GF  
BROCCOLI SALAD  
PASTA SALAD  
MARINATED VEGETABLE SALAD Vv

### DECADENT DESSERTS

ZESTY LEMON BAR  
HEAVENLY BROWNIE  
SEVEN LAYER BAR  
APRICOT ALMOND BAR  
CHERRY SOUR CREAM BAR  
CHOCOLATE CHIP BAR

**NEW! \*VEGAN BLT (NO BACON OR LETTUCE) WITH ROASTED SEASONED EGG PLANT, SPINACH, SLICED TOMATOES,  
WITH VEGAN MAYO ON VEGAN BREAD SERVED WITH CHOPPED VEGETABLE SALAD, RED GRAPES AND VEGAN BROWNIE**

**CLASSIC CHICKEN CAESAR SALAD** GRILLED DICED CHICKEN,  
CRISP ROMAINE LETTUCE, GRATED PARMESAN, CROUTONS & CAESAR  
DRESSING

**TACO SALAD** GF SEASONED CHICKEN OR BEEF, TORTILLA STRIPS, SHRED-  
DED LETTUCE, DICED TOMATOES, SHREDDED CHEDDAR, SALSA, SOUR CREAM &  
TACO SAUCE, PICO DE GALLO & GUACAMOLE

**NEW! RAINBOW VEGGIE VEGAN SALAD** Vv SHREDDED  
ROMAINE, HALVED CHERRY TOMATOES, SLICED ZUCCHINI, SLICED RADISHES, RED  
& ORANGE BELL PEPPERS, SHREDDED CARROTS, SLICED AVOCADO AND FRESH AL-  
FALFA SPROUTS SERVED WITH VEGAN BREADSTICK AND ORIENTAL ORANGE SESAME  
GINGER DRESSING

**BEST OF THE BEST MANDARIN CHICKEN SALAD** GRILLED  
DICED CHICKEN, STRAWBERRIES, MANDARIN ORANGES, CASHEWS,  
SPRING GREENS, WONTON NOODLES & ASIAN GINGER DRESSING

**REFRESHING STRAWBERRY SPINACH SALAD** GF Vv  
SLICED STRAWBERRIES, BABY SPINACH, ALMOND SLIVERS, RED ONION,  
DRIED CRANBERRIES & RASPBERRY VINAIGRETTE

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WHOLE SOME

# BOXED LUNCHES

PRICED PER PERSON

## PRESIDENTIAL

\$16.50

SANDWICHES: FEATURING BOAR'S HEAD MEATS, SERVED WITH ASSORTED FRUIT, SIDE & DESSERT

SALADS: SERVED WITH A BREADSTICK OR CROISSANT, ASSORTED FRUIT & DESSERT

### SMOKED TURKEY KAISER ROLL

WITH SWISS CHEESE, SLICED TOMATO, RED ONION, SPRING GREENS, CRANBERRY RELISH

### ROAST BEEF CIABATTA

WITH PEPPER JACK CHEESE, SLICED TOMATO, RED ONION, SPRING GREENS, GARLIC AIOLI

### SMOKED HAM FOCACCIA

WITH CHEDDAR CHEESE, SLICED TOMATO, RED ONION, SPRING GREENS, HONEY MUSTARD

### CLUB ON FRENCH BREAD

SMOKED TURKEY BREAST AND HAM ON A FRENCH ROLL WITH SMOKED GOUDA, SLICED TOMATO, RED ONION, SPRING GREENS, SMOKY BACON AIOLI

### ITALIAN DELI SUB

HARD SALAMI, PEPPERONI, THINLY SLICED PROSCIUTTO, PROVOLONE, SLICED TOMATO, SHREDDED LETTUCE, AND ITALIAN DRESSING ON A PARMESAN HOAGIE

### VEGGIE MUFFALATA CIABATTA Vv

MARINATED GRILLED EGGPLANT, ROASTED RED PEPPER, THINLY SLICED PICKLED RED ONION, TOMATO AND BLACK OLIVE TAMPENADE

### WILDBERRY TURKEY SALAD GF

JULIENNE SMOKED PEPPER TURKEY BREAST, WALNUTS, AND STRAWBERRIES ON SPRING GREENS WITH RASPBERRY VINAIGRETTE

### SOUTHWESTERN CHICKEN SALAD

CAJUN DICED GRILLED CHICKEN BREAST, BLACK BEAN & CORN RELISH, TOMATO, EGG SLICES, AND AVOCADO ON SPRING GREENS WITH SOUTHWEST DRESSING

### BLUEBERRY SPRING SALAD V, GF, Vv

BLUEBERRIES, DRIED CHERRIES, TOASTED WALNUTS, AND BLEU CHEESE CRUMBLES ON SPRING GREENS WITH AGED BALSAMIC VINAIGRETTE  
ADD GRILLED CHICKEN BREAST \$3.00

### NEW! VEGAN WILD RICE GRAIN BOWL Vv

WILD RICE, GOLDEN BEETS, SWEET POTATOES, DRIED CHERRIES, SHREDDED KALE & ROASTED PISTACHIOS WITH BALSAMIC VINAIGRETTE SERVED WITH VEGAN BREADSTICK, FRESH FRUIT CUP & VEGAN CHEESECAKE \$3.00

### SIDES

KALE BROCCOLI SLAW GF, Vv  
POTATO SALAD GF  
BROCCOLI SALAD  
PASTA SALAD  
MARINATED VEGETABLE GF, Vv

### FRUIT

FRUIT CUP  
RED GRAPES  
KABOB

### DESSERTS

PECAN CARAMEL SWIRL BAR  
HEAVENLY BROWNIE  
STRAWBERRY CHEESECAKE BAR  
ROCKY ROAD BAR  
APPLE SOURCREAM BAR



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# LIGHT LUNCHES

PRICED PER PERSON

LUNCHES INCLUDE A DISPOSABLE BUFFET TABLE COVERING, SINGLE-USE PLATES, FLATWARE, SERVING UTENSILS & NAPKINS

## BUFFETS

### MAKE-YOUR-OWN SANDWICH

ROAST BEEF  
SMOKED HAM  
SMOKED TURKEY  
SALAMI  
ASSORTED CHEESE  
TOMATOES & LETTUCE  
PICKLES & OLIVES  
BREADS & ROLLS  
CONDIMENTS  
\$7.75

### MANDARIN CHICKEN SALAD

GRILLED DICED CHICKEN  
STRAWBERRIES  
MANDARIN ORANGES  
CASHEWS  
SPRING GREENS  
WONTON NOODLES  
ASIAN GINGER DRESSING  
BREADSTICKS  
\$10.75

### TACO SALAD

SEASONED CHICKEN, BEEF  
OR BEYOND BEEF  
TORTILLA STRIPS  
SHREDDED LETTUCE  
DICED TOMATOES  
RED ONION  
SHREDDED CHEDDAR  
SALSA  
SOUR CREAM  
PICO DE GALLO & GUACAMOLE  
TACO SAUCE  
FRESH FRUIT  
\$12.25

### BAKED POTATOES

POTATOES WITH BACON  
BEEF OR VEGGIE CHILI  
SHREDDED CHEDDAR  
RED ONION  
BUTTER  
SALSA  
SOUR CREAM  
CHIVES  
TOSSED SALAD, DRESSING  
BARS & COOKIES  
\$10.75

### COBB SALAD

GRILLED DICED CHICKEN  
SPRING GREENS  
BLEU CHEESE CRUMBLES  
EGG SLICES  
BACON  
DICED TOMATO  
BLACK OLIVES  
ASSORTED DRESSINGS  
BREADSTICKS  
\$10.75

### SALAD BAR <sup>GF</sup>

SPRING GREENS  
SMOKED HAM & TURKEY  
BACON BITS  
BROCCOLI & CAULIFLOWER  
SHREDDED CHEDDAR  
CUCUMBERS  
DICED EGGS  
MUSHROOMS & TOMATOES  
RED ONIONS  
CHICKPEAS  
CROUTONS  
ASSORTED DRESSINGS  
BREADSTICKS  
\$12.75

## SANDWICHES

### FULL (cut in half)

ASSORTED DELI SANDWICHES  
WITH PICKLES, OLIVES &  
CONDIMENTS  
\$7.50

### HALF

ASSORTED DELI SANDWICHES  
WITH PICKLES, OLIVES &  
CONDIMENTS  
\$4.00

### PRESIDENTIAL

(CHOOSE UP TO 4)  
MARINATED VEGGIE WRAP <sup>V</sup>  
ITALIAN DELI SUB ON PARMESAN HOAGIE  
CLUB ON FRENCH ROLL  
SMOKED TURKEY ON KAISER ROLL  
ROAST BEEF ON CIABATTA  
SMOKED HAM ON FOCACCIA  
\$9.00

### CLASSIC PARTY SUB

(12- 2 INCH SERVINGS)  
SMOKED TURKEY  
BOLOGNA  
SALAMI  
SWISS & CHEDDAR  
FRENCH BAGUETTE  
MAYO & MUSTARD  
ITALIAN DRESSING  
\$34.25

### VEGGIE PARTY SUB <sup>V</sup>

(12- 2 INCH SERVINGS)  
CUCUMBER SLICES  
TOMATO, RED ONION & RADISHES  
SHREDDED LETTUCE  
ALFALFA SPROUTS  
HUMMUS  
PROVOLONE CHEESE  
FRENCH BAGUETTE  
\$31.25

## ADDITIONS

### HOUSEMADE SOUPS | \$4.25

CREAM OF CHICKEN WILD RICE  
VEGETABLE BEEF  
GARDEN VEGETABLE <sup>Vv, GF</sup>  
CHEESY POTATO <sup>V</sup>  
CHICKEN NOODLE  
**NEW!** TOMATO BASIL <sup>V</sup>  
CHILI CORN CHOWDER  
BEEF CHILI  
BLACK BEAN VEGGIE <sup>Vv, GF</sup>  
VEGGIE CHILI <sup>Vv, GF</sup>  
**NEW!** TOSCANA

### SALADS | \$2.75

POTATO SALAD <sup>V, GF</sup>  
BROCCOLI & BACON SALAD  
MARINATED VEGETABLE SALAD <sup>Vv, GF</sup>  
TOSSED GREEN SALAD <sup>V</sup>  
KALE & BROCCOLI SLAW <sup>Vv, GF</sup>  
PASTA SALAD <sup>V</sup>  
CHOPPED VEGETABLE SALAD <sup>Vv, GF</sup>

### SIDES

ASSORTED SNACK BAGS | \$1.95  
CHIPS, PRETZELS, POPCORN, FRITOS, MINI  
GOLD FISH, CHEEZE-ITS, CHEX MIX, TRAIL MIX  
LENTIL CHIPS <sup>Vv</sup>, SWEET POTATO TORTILLA CHIPS <sup>GF, Vv, DF</sup>  
FRESH FRUIT | \$3.75  
CUT FRUIT BOWL or SLICED FRUIT TRAY  
FRESH VEGGIE TRAY | \$2.75  
WITH DILL DIP OR HUMMUS  
ASSORTED 1/2 BARS & COOKIES | \$2.25  
ASSORTED BARS | \$2.00  
ASSORTED COOKIES | \$2.00  
CHIPS, GUACAMOLE & SALSA | \$3.75

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# THEMED BUFFETS

PRICED PER PERSON

THEMED BUFFETS ARE DESIGNED TO PLEASE! OUR TEAM WILL SET UP YOUR BUFFET WITH CHAFERS,  
A DISPOSABLE BUFFET TABLE COVERING, SINGLE-USE PLATES, FLATWARE, SERVING UTENSILS AND NAPKINS.

## FIRE ROASTED SOUTHWEST

\$14.50

SERVED WITH FRESH CUT FRUIT AND BARS & COOKIES

### TACO BAR

YOUR CHOICE OF SEASONED CHICKEN, BEEF, SHREDDED PORK OR BEYOND BEEF, SOFT & HARD  
SHELLS, SPANISH RICE, LETTUCE, DICED TOMATO, ONION, SHREDDED CHEDDAR, SALSA,  
SOUR CREAM, PICO DE GALLO, GUACAMOLE & HOT SAUCE

### CHICKEN OR BEEF FAJITAS

WITH SOFT TORTILLA SHELLS, SAUTÉED PEPPERS AND ONIONS, SPANISH RICE,  
SHREDDED CHEDDAR CHEESE, SALSA, SOUR CREAM, PICO DE GALLO & HOT SAUCE

### ENCHILADAS

YOUR CHOICE OF BEEF, CHICKEN, OR CHEESE ENCHILADAS SERVED WITH SPANISH RICE, REFRIED  
BEANS, SOUR CREAM, AND SALSA

ADD BLACK OR REFRIED BEANS \$1.50

## ITALIAN DISHES

### PASTA BAR

\$16.25

MOSTACCIOLI & FETTUCINI  
NOODLES

ROMA TOMATO MARINARA  
CREAMY ALFREDO

GRATED PARMESAN CHEESE

TOSSED ITALIAN SALAD

GARLIC BREAD

ASSORTED DESSERTS

YOUR CHOICE OF TWO:  
JULIENNE CHICKEN STRIPS

ITALIAN SAUSAGE  
MEATBALLS

VEGETABLE MEDLEY

SERVED WITH A CAESAR SALAD, RELISH TRAY, FRENCH BREAD, AND BARS & COOKIES

### SPAGHETTI & MEATBALLS

\$13.25

WITH MARINARA SAUCE AND PARMESAN CHEESE

### CHICKEN ALFREDO

\$14.50

SEASONED CHICKEN BREAST WITH CREAMY ALFREDO SAUCE

### BAKED ZITI V

\$13.25

WITH MARINARA SAUCE AND MOZZARELLA CHEESE

### LASAGNA

\$14.50

YOUR CHOICE OF BEEF, SPINACH, CHEESE OR ROASTED VEGETABLE Vv, GF (INCREMENTS OF 12)

### CHICKEN PENNE PASTA

\$14.50

WITH JULIENNE CHICKEN BREAST IN A GARLIC CREAM SAUCE

## MINNESOTA MEALS

\$14.50

SERVED WITH A TOSSED GREEN SALAD, FRESH VEGGIE TRAY, DINNER ROLLS,  
AND ASSORTED DESSERTS

### TATER TOT HOT DISH

GROUND BEEF, TATER TOTS, CHEDDAR CHEESE AND MUSHROOM SAUCE  
ADD GREEN BEANS \$1.50

### TURKEY WILD RICE CASSEROLE

TURKEY, CHEDDAR CHEESE, WILD RICE, CELERY, ONIONS, AND TURKEY GRAVY

### PASTA PRIMAVERA V

FETTUCINE, BROCCOLI, CAULIFLOWER, CARROTS, ONIONS AND WHITE SAUCE

### NEW! HAMBURGER GOULASH

GROUND BEEF, MACARONI NOODLES, DICED TOMATOES, CELERY & ONIONS

## ALL-AMERICAN FARE

### BRATS & BURGERS | \$15.25

WITH BAKED BEANS, POTATO CHIPS, COLESLAW, RELISH TRAY,  
AND APPLE PIE SQUARES

### YANKEE POT ROAST | \$15.25

HEARTY POT ROAST WITH POTATOES, ONIONS, CARROTS,  
AND GRAVY SERVED WITH TOSSED GREEN SALAD, DINNER ROLLS & BUTTER, AND  
ASSORTED DESSERTS

### TRADITIONAL BEEF STEW | \$14.50

WITH TOSSED GREEN SALAD, CORNBREAD WITH BUTTER & HONEY,  
AND FRESH BAKED COOKIES

## ASIAN STYLE

\$14.50

SERVED WITH STEAMED WHITE RICE, ASIAN COLESLAW, SOY SAUCE,  
FRESH BAKED BARS AND FORTUNE COOKIES.  
UPGRADE TO VEGETABLE FRIED RICE \$1.50

### STIR-FRY

BEEF, CHICKEN, OR VEGETABLE SERVED WITH CHOW MEIN NOODLES

### TERIYAKI CHICKEN

PINEAPPLE GINGER TERIYAKI CHICKEN SERVED WITH CHOW MEIN NOODLES

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SEE PAGE 12  
TO CHOOSE YOUR  
SIDES!

# DESIGN YOUR BUFFET

PRICED PER PERSON

OUR TEAM WILL SET UP YOUR BUFFET WITH CHAFERS, A DISPOSABLE BUFFET TABLE COVERING,  
SINGLE-USE PLATES, FLATWARE, AND NAPKINS. ALL BUFFETS INCLUDE DINNER ROLLS WITH BUTTER.

## ENTICING ENTRÉES

ALL PRICED AT \$14.95

### POULTRY

HERB ROASTED CHICKEN **GF**  
TWO BONE-IN OR ONE BONELESS

BONELESS CHICKEN BREAST  
CHOOSE FROM LEMON HERB SAUCE, HONEY GLAZE,  
SUN DRIED TOMATO CREAM SAUCE, OR  
CREAMY SUPREME SAUCE (WHITE SAUCE, WINE, MUSHROOMS & PIMENTOS)

FRIED CHICKEN (2 PER)

CHICKEN PARMESAN

BAKED TURKEY WITH SAGE DRESSING

### PORK

BAKED HAM **GF**  
WITH PINEAPPLE RINGS

STUFFED PORK CHOPS

ROASTED PORK LOIN  
WITH APPLE-JACK SAUCE

PORK CHOPS  
WITH GOLDEN MUSHROOM SAUCE

### BEEF

CHAR-BROILED CHOPPED SIRLOIN  
WITH SAUTÉED MUSHROOMS & ONIONS

SLICED ROAST BEEF AU JUS **GF**

BURGUNDY MUSHROOM SIRLOIN TIPS (CHOOSE THREE SIDES)  
OVER PARSLEY BUTTERED NOODLES

HOMEMADE MEATLOAF

6OZ RIB-EYE STEAK **GF** (TO UPGRADE ADD \$6 PER PERSON)

### SEAFOOD

BAKED COD **GF**  
TORTILLA ENCRUSTED TILAPIA **GF**

ALL PRICED AT \$14.50

### SIZZLIN' HOT SANDWICHES

SHREDDED PHILLY BEEF  
WITH PEPPERS, ONIONS, PROVOLONE, AND FRENCH ROLLS

OPEN-FACED HOT TURKEY & GRAVY  
WITH RUSTIC BREAD

SHREDDED BARBECUE BEEF  
WITH ONION BUNS

PULLED PORK CARNITAS  
ON KAISER ROLLS

MEATBALL SUB  
WITH SLICED PROVOLONE AND ITALIAN WITH SUB BUN

SLOPPY JOES  
WITH KAISER ROLLS

HERB GRILLED CHICKEN BREAST  
WITH TOMATO, RED ONION, LEAF LETTUCE, CONDIMENTS & CIABATTA

ALL PRICED AT \$14.25

### VEGETARIAN OPTIONS

PORTOBELLO MUSHROOMS **GF, V, DF**  
BAKED WITH POTATOES AND SPINACH

**NEW!** EGGPLANT PARMESAN **Vv**

CHEESE TORTELLINI **V**  
WITH SUN-DRIED TOMATO PESTO SAUCE

RATATOUILLE **GF, V, Vv**

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# —DESIGN YOUR BUFFET—

SELECT FOUR SIDES

## SALADS

TOSSED GREEN SALAD AVAILABLE GF  
CAESAR SALAD AVAILABLE GF  
TOSSED ITALIAN SALAD  
MARINATED VEGETABLE SALAD GF, Vv  
CHOPPED VEGETABLE SALAD GF, Vv  
COLESLAW GF  
MANDARIN SALAD AVAILABLE GF  
BROCCOLI-SLAW SALAD GF, V  
ASIAN COLESLAW

## STARCHES

MASHED POTATOES WITH GRAVY  
BROWN RICE GF  
SKIN-ON GARLIC MASHED POTATOES GF  
AU GRATIN POTATOES  
SCALLOPED POTATOES  
ROASTED NEW RED POTATOES GF  
QUARTER CHEESY JO JO FRIES  
STEAMED WHITE RICE GF  
RICE PILAF GF  
PARSLEY BUTTERED NOODLES  
PENNE PASTA IN GARLIC CREAM SAUCE

## VEGETABLES

CARROTS IN A BUTTERY DILL SAUCE GF  
SEASONED CORN GF  
GLAZED CARROTS GF  
GREEN BEANS WITH HERBS GF  
NEW! ROASTED BRUSSELS SPROUTS GF  
KEY LARGO VEGETABLE MEDLEY GF

## DESSERTS

SALTED CARAMEL APPLE POKE CAKE  
CHOCOLATE MOUSSE CAKE  
MOCHA CAKE  
COCONUT PINEAPPLE CAKE  
CREAM HORNS  
DOUBLE CHOCOLATE CAKE BOWLS FILLED WITH CHOCOLATE MOUSSE  
KEY LIME CHEESECAKE  
ASSORTED DESSERTS  
ASSORTED BARS & COOKIES  
GLUTEN FREE DESSERTS AVAILABLE



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CHOOSE YOUR BREAKFAST  
CHOOSE YOUR LUNCH BUFFET  
CHOOSE YOUR SNACK  
WE'LL DO THE REST!

# SEMINAR PACKAGE

PRICED PER PERSON

\$20.50

## BREAKFAST

SELECT ONE

REGULAR & DECAF COFFEE WITH CONDIMENTS | ASSORTED CANNED JUICE  
BOTTLED JUICE UPGRADE \$.85 | HOT BREAKFAST BUFFET UPGRADE \$4.50

### CLASSIC CONTINENTAL

SELECT THREE

DANISH	FILLED CROISSANTS
BAGELS	ICED CINNAMON ROLLS
MUFFINS	SCONES
STRUDEL STICKS	FRESH FRUITSCONES
CAKE DONUTS	FRESH FRUIT

### REFRESHING YOGURT BAR V

STRAWBERRY OR VANILLA YOGURT  
ASSORTED FRUIT TOPPINGS  
GRANOLA  
MINI MUFFINS  
BOILED EGGS WITH SALT & PEPPER PACKETS

## LUNCH BUFFET

SELECT ONE

### SOUP & SANDWICH

CHOICE OF SOUP FROM PAGE 8  
ASSORTED SANDWICH PLATTER  
VEGGIES & DILL DIP OR HUMMUS  
TOSSED GREEN SALAD  
ASSORTED DESSERTS

### TACO BAR

CHICKEN, BEEF,  
BEYOND BEEF OR  
SHREDDED PORK  
SPANISH RICE  
PICO DE GALLO  
FRESH FRUIT BOWL  
ASSORTED BARS & COOKIES

### PULLED PORK CARNITAS

BARBECUE SAUCE & KAISER ROLLS  
NEW RED POTATOES  
GREEN BEANS WITH HERBS  
COLESLAW  
ASSORTED BARS & COOKIES

### MANDARIN CHICKEN SALAD BAR

BREADSTICKS  
ASSORTED BARS & COOKIES

### LASAGNA

INCREMENTS OF 12  
RELISH TRAY  
CAESAR SALAD  
BREADSTICKS  
ASSORTED BARS & COOKIES

### BAKED POTATO BAR

TOSSED GREEN SALAD  
ASSORTED BARS

### CHICKEN DINNER

SEASONED BONELESS CHICKEN BREAST  
TOPPED WITH CHOPPED BACON  
POTATOES, CARROTS, ONIONS, AND  
GRAVY  
TOSSED GREEN SALAD  
FRESH ROLLS & BUTTER  
ASSORTED DESSERTS

### VIP BOX LUNCHES

ASSORTED SIDES & DESSERTS

## AFTERNOON SNACK

SELECT ONE

DELIVERED WITH LUNCH

INDIVIDUAL SNACK BAGS  
SLICED CHEESE & CRACKERS  
ASSORTED BARS & COOKIES  
TORTILLA CHIPS & SALSA

HUMMUS & FLATBREAD  
LENTIL CHIPS Vv, GF, DF  
SWEET POTATO TORTILLA CHIPS Vv, GF, DF  
YOGURT PRETZELS

ADD SODA OR BOTTLED WATER FOR \$1.75 EACH

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## DESSERTS

**DECORATED CAKES** CHOCOLATE, MARBLE, OR WHITE  
QUARTER SHEET CAKE (20 SERVINGS) ... \$50.00  
HALF SHEET CAKE (40 SERVINGS) ... \$85.00  
FULL SHEET CAKE (80 SERVINGS) ... \$125.00

**ASSORTED CUPCAKES** ... \$3.00  
**ASSORTED GOURMET DESSERTS** ... \$3.50

## BEVERAGES

### INDIVIDUAL BEVERAGES

ASSORTED CANNED SODA ... \$1.75  
BOTTLED WATER ... \$1.75  
BOTTLED FLAVORED MINERAL WATER ... \$1.75  
BOTTLED JUICE ... \$1.95  
ASSORTED INDIVIDUAL MILK ... \$1.75  
HOT TEA ... \$1.75

### BEVERAGES BY THE GALLON

ICED TEA • LEMONADE • ORANGE JUICE • FRUIT PUNCH  
HOT COCOA • HOT APPLE CIDER  
1 GALLON ... \$24.95 • 2.5 GALLONS ... \$42.95 • 5 GALLONS ... \$69.95  
ICE WATER WITH LEMON  
1 GALLON ... \$3.00 • 2.5 GALLONS ... \$7.50 • 5 GALLONS ... \$15.00

**NOT SURE WHAT TO CHOOSE?**  
WE CAN HELP!

EMAIL US **PFS@MINTAHOE.COM**  
CALL US **612.767.1767**

**YOUR PLACE OR OURS?**

WE HAVE EIGHT BEAUTIFUL VENUES IN THE TWIN CITIES  
TO CHOOSE FROM!

**DID YOU KNOW?**

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STEP UP YOUR NEXT EVENT  
WITH OUR AWARD-WINNING  
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### PICNICS PLUS!

ENJOY FRESHLY GRILLED  
MEALS IN THE SUN WITH OUR  
PICNICS PLUS DIVISION!



### BAR & BEVERAGE

IMPRESS YOUR GUESTS WITH  
ELEGANT DRINKS TO SIP ON WITH  
OUR BAR & BEVERAGE SERVICE!



### AVIATION

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