



PROFESSIONAL FOOD SERVICE **CORPORATE CATERING MENU**

A DIVISION OF MINTAHOE CATERING & EVENTS

SINCE 1972!



2018

THREE EASY STEPS

1

PLACE YOUR ORDER

CALL **612.767.1767** | EMAIL **PFS@MINTAHOE.COM**

NOT SURE WHAT YOU WANT? WE HAVE LOTS OF IDEAS
BROWNIE POINTS: WE APPRECIATE 48 HOURS ADVANCE

2

WE WILL CONFIRM

WE'LL TOUCH BASE 1 BUSINESS DAY PRIOR TO CONFIRM

3

ENJOY YOUR MEAL!

OUR DELIVERY TEAM WILL SET EVERYTHING UP FOR YOU
AND RETURN LATER TO PICK UP ANY EQUIPMENT

QUICK LOOK

- 3 BREAKFAST
- 6 BOX LUNCHES
- 8 LIGHT LUNCHES
- 10 THEMED BUFFETS
- 11 DESIGN YOUR BUFFET
- 13 SEMINAR PACKAGE
- 14 BEVERAGES & DESSERTS

DIETARY SYMBOLS

GF : GLUTEN FREE - CONTAINS NO GLUTEN

V : VEGETARIAN - NO ANIMAL PROTEINS EXCEPT DAIRY

Vv : VEGAN - NO ANIMAL PRODUCTS OR BY-PRODUCTS

DF : DAIRY FREE - CONTAINS NO DAIRY PRODUCTS

DELIVERY DETAILS

CATERING MINIMUM OF \$75.00 AND 10 PEOPLE PER BUFFET

COMPOSTABLE DINNERWARE IS AVAILABLE FOR AN ADDITIONAL CHARGE

DELIVERY CHARGE IS BASED ON LOCATION AND THE SIZE OF YOUR ORDER

PROFESSIONAL STAFFING AVAILABLE FOR AN ADDITIONAL FEE

WHY PROFESSIONAL FOOD SERVICE?

WE KEEP IT SIMPLE

YOU ORDER. WE COOK. WE DELIVER. WE CLEAN UP. YOU SMILE.

SINCE **1972** (AKA A VERY LONG TIME), MINTAHOE'S PROFESSIONAL FOOD SERVICE HAS BEEN A LEADER IN THE TWIN CITIES CORPORATE CATERING REALM.

WE PRIDE OURSELVES ON DELIVERING OUR CLIENTS THE **BEST** MEALS WITH THE **FRESHEST** INGREDIENTS. OUR CULINARY & SALES TEAMS HAVE YEARS OF EXPERIENCE UNDER THEIR BELTS TO PROVIDE EXCELLENT FOOD FOR EVERY SINGLE EVENT & GUEST.

TO MATCH THE HIGH QUALITY FOOD, WE ENSURE OUR DELIVERY STAFF IS THOROUGHLY TRAINED TO BRING YOUR FOOD **QUICKLY**, **EFFICIENTLY** AND **PROFESSIONALLY**.

WITH **PROFESSIONAL FOOD SERVICE**, WE WILL MAKE YOUR NEXT MEETING, PARTY, OR JUST ANOTHER DAY AT THE OFFICE THE BEST IT CAN BE!

SUNNY-SIDE UP —BREAKFAST BUFFETS—

SERVED WITH CANNED JUICES • UPGRADE TO BOTTLED JUICE FOR \$.85 PER PERSON

PRICED PER PERSON

CLASSIC CONTINENTAL

\$7.80

FRESH FRUIT & YOUR CHOICE OF (3)

DANISH PASTRIES, ASSORTED BAGELS, FRIED ROLLS, STRUDEL STICKS, CAKE DONUTS, ASSORTED MUFFINS OR ASSORTED CROISSANTS

REFRESHING YOGURT BAR V

\$9.75

STRAWBERRY OR VANILLA YOGURT WITH ASSORTED FRUIT TOPPINGS, GRANOLA, MINI MUFFINS, AND FRESH FRUIT

FARMHOUSE COUNTRY BREAKFAST

\$10.75

SCRAMBLED EGGS, COUNTRY-FRIED POTATOES, DANISH PASTRIES,

BACON STRIPS OR SAUSAGE LINKS, AND FRESH FRUIT

ADD SHREDDED CHEDDAR CHEESE OR SALSA FOR \$.50

SOUTHERN BREAKFAST BURRITOS

\$11.75

YOUR CHOICE OF BACON, SAUSAGE OR HAM WITH FLOUR TORTILLAS, SCRAMBLED EGGS, SHREDDED CHEDDAR, DICED GREEN PEPPER, DICED ONION, SALSA & SOUR CREAM WITH POTATO ROUNDS, MINI MUFFINS, AND FRESH FRUIT

ON THE GO BREAKFAST SANDWICHES

\$11.75

YOUR CHOICE OF BACON, SAUSAGE OR HAM WITH FLAKY CROISSANTS OR ENGLISH MUFFINS, SCRAMBLED EGG, SLICE OF CHEESE, HASHBROWNS, MINI MUFFINS, AND FRESH FRUIT

FABULOUS FRENCH TOAST BAKE

\$11.75 INCREMENTS OF 12

WITH SCRAMBLED EGGS, BACON STRIPS OR SAUSAGE LINKS, AND FRESH FRUIT

SAVORY BREAKFAST QUICHE

\$11.75 INCREMENTS OF 12

HAM OR SPINACH V QUICHE IN A BUTTERY

PASTRY CRUST SERVED WITH BACON STRIPS,

ICED CINNAMON ROLLS, DANISH PASTRIES, AND FRESH FRUIT

BAKED EGG DELIGHT V

\$11.75 INCREMENTS OF 12

GREEN PEPPER, ONION, MUSHROOM & SHREDDED CHEDDAR

SERVED WITH ASSORTED MUFFINS AND DANISH PASTRIES,

YOUR CHOICE OF BACON STRIPS OR SAUSAGE LINKS, AND FRESH FRUIT



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BREAKFAST A LA CARTE

HEALTHY CHOICES

INDIVIDUAL YOGURT (includes greek yogurt)
\$2.00

YOGURT & GRANOLA STRAWBERRY OR VANILLA (10 person minimum)
\$2.50

GRANOLA BARS
\$1.85

STEEL CUT OATMEAL (10 person minimum)
BERRIES, BROWN SUGAR, WALNUTS, DRIED CRANBERRIES
\$3.95

HARD BOILED EGGS
\$1.75

FRESH FRUIT (10 person minimum)
FRESH CUT FRUIT BOWL or SLICED FRUIT TRAY
\$2.75

WARM UP YOUR MORNING

SCRAMBLED EGGS
\$2.75

BACON STRIPS (2 PER)
\$2.75

SAUSAGE LINKS (2 PER)
\$2.75

TURKEY SAUSAGE LINKS (2 PER)
\$2.75

BAKE THE WORLD A BETTER PLACE

ASSORTED MINI PASTRY TRAY (2 PER) BAGELS, MUFFINS & STRUDEL STICKS
\$19.95

COFFEE CAKE
\$13.95 (per 12 slices)

ASSORTED SCONES
\$2.30

FRUIT BREAD
\$13.95 (per 12 slices)

ASSORTED DANISH
\$2.30

ASSORTED CAKE DONUTS
\$1.30

ASSORTED STRUDEL STICKS
\$2.30

ASSORTED MUFFINS WITH BUTTER AND HONEY
\$1.95

ASSORTED BAGELS WITH CREAM CHEESE
\$2.30

CROISSANTS STRAWBERRY OR CHOCOLATE
\$2.30

ICED CINNAMON ROLLS
\$2.30

BREAKFAST BEVERAGES

FRESH BREWED COFFEE
1 GALLON ... \$24.95
2.5 GALLONS ... \$42.95
5 GALLONS ... \$69.95

BOTTLED JUICE
\$1.95

BOTTLED WATER
\$1.50

ASSORTED INDIVIDUAL MILK
\$1.50

HOT TEA
\$1.50

HAVE DIETARY RESTRICTIONS? HERE YOU GO!

CAKE DONUTS GF, DF ... 2.25

MINI MUFFINS GF, DF ... 3.50

BAGELS GF, DF ... 3.50

MUFFINS GF, DF ... 3.50

SCONES GF ... 3.50

SOY YOGURT GF, DF ... 2.35



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Hearty BOXED LUNCHES

PRICED PER PERSON

CLASSIC

\$10.95

SERVED WITH LEAF LETTUCE, MAYO & MUSTARD PACKETS AND FRESH COOKIE OR BAR

SANDWICH

SMOKED TURKEY BREAST
SMOKED HAM
ROAST BEEF
CHICKEN SALAD
TUNA SALAD
GARDEN **V**

BREAD

WHOLE WHEAT
WHITE KAISER ROLL
MARBLE RYE
PRETZEL BUN
WHEATBERRY
MULTI-GRAIN **GF, DF**

CHEESE

SWISS
CHEDDAR
PROVOLONE
PEPPER JACK

FRUIT

SEASONAL FRUIT

SIDE

KETTLE CHIPS **GF, DF**
\$.50 UPGRADE TO VIP SIDE

DESSERT

CHEF'S CHOICE COOKIE
OR BAR

VIP

\$13.50

SANDWICHES: SERVED WITH ASSORTED FRUIT, SIDE & DESSERT

SALADS: SERVED WITH A BREADSTICK OR CROISSANT

SANDWICH

SMOKED TURKEY BREAST
SMOKED HAM
ROAST BEEF
CHICKEN SALAD
TUNA SALAD
GRILLED CHICKEN BREAST
CLASSIC CLUB
SUPER-SUBMARINE
GARDEN **V**

BREAD

WHOLE WHEAT
WHITE
WHITE KAISER ROLL
MARBLE RYE
WHEAT BERRY
CROISSANT
FRENCH ROLL
GLUTEN FREE AVAILABLE

CHEESE

SWISS
CHEDDAR
PROVOLONE
PEPPER JACK
COLBY-JACK

FRUIT

FRUIT CUP OR KABOB
RED GRAPES

SIDES

SEVEN LAYER SALAD
COLESLAW **GF**
POTATO SALAD **GF**
BROCCOLI SALAD
PASTA SALAD
PESTO PASTA SALAD

DECADENT DESSERTS

CHUNKY MONKEY BAR
ZESTY LEMON BAR
HEAVENLY BROWNIE
TURTLE BROWNIE
SEVEN HEAVEN LAYER BAR
OATMEAL CARMELITA BAR
PECAN CARAMEL SWIRL BAR

CLASSIC CHICKEN CAESAR SALAD GRILLED DICED CHICKEN, CRISP ROMAINE LETTUCE, GRATED PARMESAN, CROUTONS & CAESAR DRESSING

TACO (TUESDAY) SALAD **GF** SEASONED CHICKEN OR BEEF, TORTILLA STRIPS, SHREDDED LETTUCE, DICED TOMATOES, RED ONION, SHREDDED CHEDDAR, SALSA, SOUR CREAM & TACO SAUCE

CHICKEN & CRUMBLLED PECAN SALAD (IT'S BACK!) FRESH CHICKEN SALAD WITH CHOPPED PECANS SERVED IN A PINEAPPLE BOAT

BEST OF THE BEST MANDARIN CHICKEN SALAD GRILLED DICED CHICKEN, STRAWBERRIES, MANDARIN ORANGES, CASHEWS, SPRING GREENS, WONTON NOODLES & ASIAN GINGER DRESSING

REFRESHING STRAWBERRY SPINACH SALAD **GF Vv** SLICED STRAWBERRIES, BABY SPINACH, ALMOND SLIVERS, RED ONION, DRIED CRANBERRIES & RASPBERRY VINAIGRETTE

Hearty BOXED LUNCHES

PRICED PER PERSON

PRESIDENTIAL

\$15.75

SANDWICHES: SERVED WITH ASSORTED FRUIT, SIDE & DESSERT

SALADS: SERVED WITH A BREADSTICK OR CROISSANT, ASSORTED FRUIT & DESSERT

SMOKED TURKEY KAISER ROLL

WITH SWISS CHEESE, SLICED TOMATO, RED ONION, SPRING GREENS, CRANBERRY RELISH

ROAST BEEF CIABATTA

WITH PEPPER JACK CHEESE, SLICED TOMATO, RED ONION, SPRING GREENS, WASABI AIOLI

SMOKED HAM FOCACCIA

WITH CHEDDAR CHEESE, SLICED TOMATO, RED ONION, SPRING GREENS, HONEY MUSTARD

CLUB ON FRENCH BREAD

SMOKED TURKEY BREAST AND HAM ON A FRENCH ROLL WITH SMOKED GOUDA, SLICED TOMATO, RED ONION, SPRING GREENS, SMOKY BACON AIOLI

ITALIAN DELI SUB

HARD SALAMI, PEPPERONI, THINLY SLICED PROSCIUTTO, PROVOLONE, SLICED TOMATO, SHREDDED LETTUCE, AND ITALIAN DRESSING ON A PARMESAN HOAGIE

VEGGIE MUFFALATA CIABATTA V (NEW!)

MARINATED GRILLED EGGPLANT, ROASTED RED PEPPER, THINLY SLICED PICKLED RED ONION, TOMATO AND BLACK OLIVE TAMPENADE WITH ROASTED GARLIC AIOLI

WILDBERRY TURKEY SALAD GF

JULIENNE SMOKED PEPPER TURKEY BREAST, WALNUTS, AND STRAWBERRIES ON SPRING GREENS WITH WILDBERRY VINAIGRETTE

SOUTHWESTERN CHICKEN SALAD

CAJUN DICED GRILLED CHICKEN BREAST, BLACK BEAN & CORN RELISH, TOMATO, EGG SLICES, AND AVOCADO ON SPRING GREENS WITH SOUTHWEST DRESSING

BLUEBERRY SPRING SALAD V, GF

BLUEBERRIES, DRIED CHERRIES, TOASTED WALNUTS, AND BLEU CHEESE CRUMBLES ON SPRING GREENS WITH AGED BALSAMIC VINAIGRETTE
ADD GRILLED CHICKEN BREAST \$3.00

GREEK SALAD (IT'S BACK!)

RIPE OLIVES, PEPPERONCINI, RED ONIONS, TOMATOES, FETA CHEESE & CROUTONS ON A BED OF SPRING GREENS WITH A GREEK DRESSING

SIDES

SEVEN LAYER SALAD
KALE BROCCOLI SLAW GF, Vv
POTATO SALAD GF
BROCCOLI SALAD
PASTA SALAD
PESTO PASTA SALAD

FRUIT

FRUIT CUP OR KABOB
RED GRAPES

DESSERTS

CHUNKY MONKEY BAR
OATMEAL CARMELITA
SEVEN HEAVENLAYER BAR
PECAN CARAMEL SWIRL BAR
ZESTY LEMON BAR
HEAVENLY BROWNIE
TURTLE BROWNIE



LIGHT LUNCHES

PRICED PER PERSON

LUNCHES INCLUDE A DISPOSABLE BUFFET TABLE COVERING, SINGLE-USE PLATES, FLATWARE, SERVING UTENSILS & NAPKINS

BUFFETS

MAKE-YOUR-OWN SANDWICH

ROAST BEEF
SMOKED HAM
SMOKED TURKEY
SALAMI
ASSORTED CHEESE
TOMATOES & LETTUCE
PICKLES & OLIVES
BREADS & ROLLS
CONDIMENTS
\$7.25

MANDARIN CHICKEN SALAD

GRILLED DICED CHICKEN
STRAWBERRIES
MANDARIN ORANGES
CASHEWS
SPRING GREENS
WONTON NOODLES
ASIAN GINGER DRESSING
BREADSTICKS
\$10.25

TACO SALAD

SEASONED CHICKEN OR BEEF
TORTILLA STRIPS
SHREDDED LETTUCE
DICED TOMATOES
RED ONION
SHREDDED CHEDDAR
SALSA
SOUR CREAM
TACO SAUCE
FRESH FRUIT
\$10.25

BAKED POTATOES

POTATOES WITH BACON
BEEF OR VEGGIE CHILI
SHREDDED CHEDDAR
RED ONION
BUTTER
SALSA
SOUR CREAM
CHIVES
BARS & COOKIES
\$9.25

COBB SALAD

GRILLED DICED CHICKEN
SPRING GREENS
BLEU CHEESE CRUMBLES
EGG SLICES
BACON
DICED TOMATO
BLACK OLIVES
ASSORTED DRESSINGS
BREADSTICKS
\$10.25

SALAD BAR ^{GF}

SPRING GREENS
SMOKED HAM & TURKEY
BACON BITS
BROCCOLI & CAULIFLOWER
SHREDDED CHEDDAR
CUCUMBERS
DICED EGGS
MUSHROOMS & TOMATOES
RED ONIONS
SUNFLOWER SEEDS
CROUTONS
ASSORTED DRESSINGS
BREADSTICKS
\$12.25

SANDWICH PLATTERS

FULL

ASSORTED DELI SANDWICHES
WITH PICKLES, OLIVES &
CONDIMENTS
\$7.50

HALF

ASSORTED DELI SANDWICHES
WITH PICKLES, OLIVES &
CONDIMENTS
\$3.75

PRESIDENTIAL

(CHOOSE UP TO 4)
MARINATED VEGGIE WRAP ^V
ITALIAN DELI SUB ON PARMESAN HOAGIE
CLUB ON FRENCH ROLL
SMOKED TURKEY ON KAISER ROLL
ROAST BEEF ON CIABATTA
SMOKED HAM ON FOCACCIA
\$8.75

CLASSIC PARTY

(12 SERVINGS)
SMOKED TURKEY
BOLOGNA
SALAMI
SWISS & CHEDDAR
SOURDOUGH BAGUETTE
MAYO & MUSTARD
ITALIAN DRESSING
\$34.25

VEGGIE PARTY ^V

(12 SERVINGS)
CUCUMBER SLICES
TOMATO, RED ONION & RADISHES
SHREDDED LETTUCE
ALFALFA SPROUTS
HUMMUS
PROVOLONE CHEESE
SOURDOUGH BAGUETTE
\$31.25

ADDITIONS

SOUPS | \$3.75

CREAM OF CHICKEN WILD RICE
VEGETABLE BEEF
GARDEN VEGETABLE ^{Vv, GF}
CHEESY POTATO ^V
CHICKEN NOODLE
CREAMY TOMATO ^V
CHILI CORN CHOWDER
BEEF CHILI
BLACK BEAN VEGGIE ^{Vv, GF}
VEGGIE CHILI ^{Vv, GF}

SALADS | \$2.50

POTATO SALAD ^{V, GF}
BROCCOLI & BACON SALAD
MARINATED VEGETABLES ^{V, GF}
TOSSED GREEN SALAD ^V
SEVEN-LAYER SALAD
KALE & BROCCOLI SLAW ^{Vv, GF}
PASTA SALAD ^V
CHOPPED VEGETABLE SALAD ^V

SIDES

ASSORTED SNACK BAGS | \$1.85
CHIPS, PRETZELS, POPCORN, FRITOS, MINI
GOLD FISH, CHEEZE-ITS, CHEX MIX, TRAIL MIX
FRESH FRUIT | \$2.75
CUT FRUIT BOWL, SLICED FRUIT TRAY, WHOLE
FRESH VEGGIE TRAY | \$2.35
WITH DILL DIP OR HUMMUS
ASSORTED BARS | \$1.75
ASSORTED COOKIES | \$1.75
CHIPS, GUACAMOLE & SALSA | \$3.25



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THEMED BUFFETS

PRICED PER PERSON

THEMED BUFFETS ARE DESIGNED TO PLEASE! OUR TEAM WILL SET UP YOUR BUFFET WITH CHAFERS, A DISPOSABLE BUFFET TABLE COVERING, SINGLE-USE PLATES, FLATWARE, SERVING UTENSILS AND NAPKINS.

SIZZLIN' SOUTHWEST

\$13.95

SERVED WITH FRESH CUT FRUIT AND BARS & COOKIES

TACO BAR

YOUR CHOICE OF SEASONED CHICKEN OR BEEF, SOFT & HARD SHELLS, SPANISH RICE, LETTUCE, DICED TOMATO, ONION, SHREDDED CHEDDAR, SALSA, SOUR CREAM, GUACAMOLE, HOT SAUCE

CHICKEN OR BEEF FAJITAS

WITH SOFT TORTILLA SHELLS, SAUTÉED PEPPERS AND ONIONS, SPANISH RICE, SHREDDED CHEDDAR CHEESE, SALSA, SOUR CREAM, AND HOT SAUCE

ENCHILADAS

YOUR CHOICE OF BEEF, CHICKEN, OR CHEESE ENCHILADAS SERVED WITH SPANISH RICE, REFRIED BEANS, SOUR CREAM, AND SALSA

MINNESOTA MEALS

\$13.95

SERVED WITH A TOSSED GREEN SALAD, FRESH VEGGIE TRAY, DINNER ROLLS, AND ASSORTED DESSERTS

TATER TOT HOT DISH

GROUND BEEF, TATER TOTS, CHEDDAR CHEESE AND MUSHROOM SAUCE

TURKEY WILD RICE CASSEROLE

TURKEY, CHEDDAR CHEESE, WILD RICE, CELERY, ONIONS, AND TURKEY GRAVY

PASTA PRIMAVERA V

FETTUCCINE, BROCCOLI, CAULIFLOWER, CARROTS, ONIONS AND WHITE SAUCE

SCALLOPED POTATO & HAM CASSEROLE

ITALIAN DISHES

SERVED WITH A CAESAR SALAD, RELISH TRAY, FRENCH BREAD, AND BARS & COOKIES

PASTA BAR

15.75

MOSTACCIOLI & FETTUCINI
NOODLES
ROMA TOMATO MARINARA
CREAMY ALFREDO

GRATED PARMESAN CHEESE
TOSSED ITALIAN SALAD
GARLIC BREAD
ASSORTED DESSERTS

YOUR CHOICE OF TWO:
JULIENNE CHICKEN STRIPS
ITALIAN SAUSAGE
MEATBALLS
VEGETABLE MEDLEY

SPAGHETTI & MEATBALLS

12.95

WITH MARINARA SAUCE AND PARMESAN CHEESE

CHICKEN ALFREDO

13.95

SEASONED CHICKEN BREAST WITH CREAMY ALFREDO SAUCE

BAKED ZITI V

12.95

WITH MARINARA SAUCE AND MOZZARELLA CHEESE

LASAGNA

13.95

YOUR CHOICE OF BEEF, SPINACH, OR CHEESE (INCREMENTS OF 12)

CHICKEN PENNE PASTA

13.95

WITH JULIENNE CHICKEN BREAST IN A GARLIC CREAM SAUCE

ALL-AMERICAN FARE

\$14.50

BRATS & BURGERS

WITH BAKED BEANS, POTATO CHIPS, COLESLAW, RELISH TRAY, AND APPLE PIE SQUARES

YANKEE POT ROAST

HEARTY POT ROAST WITH POTATOES, ONIONS, CARROTS, AND GRAVY SERVED WITH TOSSED GREEN SALAD, DINNER ROLLS & BUTTER, AND ASSORTED DESSERTS

TRADITIONAL BEEF STEW | \$13.95

WITH TOSSED GREEN SALAD, CORNBREAD WITH BUTTER & HONEY, AND FRESH BAKED COOKIES

ASIAN STYLE

\$13.95

SERVED WITH STEAMED WHITE RICE, ASIAN COLESLAW, SOY SAUCE, FRESH BAKED BARS AND FORTUNE COOKIES.
UPGRADE TO VEGETABLE FRIED RICE \$1.50

STIR-FRY

BEEF, CHICKEN, OR VEGETABLE SERVED WITH CHOW MEIN NOODLES

TERIYAKI CHICKEN

PINEAPPLE GINGER TERIYAKI CHICKEN SERVED WITH CHOW MEIN NOODLES

DESIGN YOUR BUFFET

OUR TEAM WILL SET UP YOUR BUFFET WITH CHAFERS, A DISPOSABLE BUFFET TABLE COVERING, SINGLE-USE PLATES, FLATWARE, AND NAPKINS. ALL BUFFETS INCLUDE DINNER ROLLS WITH BUTTER.

ENTICING ENTRÉES

ALL PRICED AT \$14.25

POULTRY

HERB ROASTED CHICKEN **GF**
BONE-IN OR BONELESS

BONELESS CHICKEN BREAST
CHOOSE FROM LEMON HERB SAUCE, HONEY GLAZE, SUN-DRIED
TOMATO CREAM SAUCE, OR CREAMY SUPREME SAUCE

FRIED CHICKEN

CHICKEN PARMESAN

BAKED TURKEY & SAGE DRESSING

PORK

BAKED HAM **GF**
WITH PINEAPPLE RINGS

STUFFED PORK CHOPS

ROASTED PORK LOIN
WITH APPLE-JACK SAUCE

BEEF

CHAR-BROILED CHOPPED SIRLOIN
WITH SAUTÉED MUSHROOMS & ONIONS

SLICED ROAST BEEF AU JUS **GF**

*BURGUNDY MUSHROOM SIRLOIN TIPS
OVER PARSLEY BUTTERED NOODLES

HOMEMADE MEATLOAF

6OZ RIB-EYE STEAK **GF** (\$20.75)

SEAFOOD

BAKED COD **GF**
TORTILLA ENCRUSTED TILAPIA **GF**

ALL PRICED AT \$13.95

SIZZLIN' HOT SANDWICHES

SHREDDED PHILLY BEEF
WITH PEPPERS, ONIONS, PROVOLONE, AND FRENCH ROLLS

OPEN-FACED HOT TURKEY & GRAVY
WITH RUSTIC BREAD

SHREDDED BARBECUE BEEF
WITH KAISER ROLL

PULLED PORK CARNITAS
WITH ONION BUNS

MEATBALL SUB
WITH SLICED PROVOLONE AND ITALIAN ROLLS

SLOPPY JOES
WITH KAISER ROLLS

HERB GRILLED CHICKEN BREAST
WITH TOMATO, RED ONION, LEAF LETTUCE, CONDIMENTS & CIABATTA

ALL PRICED AT \$13.25

VEGETARIAN

PORTOBELLO MUSHROOMS **GF, V, DF**
BAKED WITH POTATOES AND SPINACH

POTATO VINDALOO **GF, V, Vv**

CHEESE TORTELLINI **V**
WITH SUN-DRIED TOMATO PESTO SAUCE

RATATOUILLE **GF, V, Vv**

CHOOSE YOUR
BUFFET SIDES ON THE
NEXT PAGE!

—DESIGN YOUR BUFFET—

SIDES | SELECT FOUR

*ENTRÉES SELECT (3) SIDES

SALADS

TOSSED GREEN SALAD **AVAILABLE GF**

SEVEN-LAYER SALAD

CAESAR SALAD **AVAILABLE GF**

TOSSED ITALIAN SALAD

MARINATED VEGETABLE SALAD **GF**

CHOPPED VEGETABLE SALAD **GF, Vv**

COLESLAW **GF**

MANDARIN SALAD **AVAILABLE GF**

BROCCOLI-SLAW SALAD **GF, V**

ASIAN COLESLAW

STARCHES

MASHED POTATOES WITH GRAVY

BROWN RICE **GF**

SKIN-ON GARLIC MASHED POTATOES **GF**

AU GRATIN POTATOES

SCALLOPED POTATOES

ROASTED NEW RED POTATOES **GF**

QUARTER CHEESY FRIES

STEAMED WHITE RICE **GF**

RICE PILAF **GF**

PARSLEY BUTTERED NOODLES

PENNE PASTA IN GARLIC CREAM SAUCE

VEGETABLES

CARROTS IN A BUTTERY DILL SAUCE **GF**

SEASONED CORN **GF**

GLAZED CARROTS **GF**

GREEN BEANS WITH HERBS **GF**

GREEN BEANS AMANDINE **GF**

KEY LARGO VEGETABLE MEDLEY **GF**

DESSERTS

ASSORTED BARS & COOKIES

CANNOLI CAKE

CHOCOLATE MOUSSE CAKE

BANANA CREAM CAKE

CARROT CAKE

CHEESECAKE

ÉCLAIRS

ASSORTED DESSERTS

SALTED CARAMEL APPLE POKE CAKE

GLUTEN FREE DESSERTS AVAILABLE



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HOW TO!
CHOOSE YOUR BREAKFAST
CHOOSE YOUR LUNCH BUFFET
CHOOSE YOUR SNACK
WE'LL DO THE REST!

SEMINAR PACKAGE

PRICED PER PERSON

\$19.50

BREAKFAST

SELECT ONE

FRESH FRUIT | REGULAR & DECAF COFFEE WITH CONDIMENTS | ASSORTED CANNED JUICE
BOTTLED JUICE UPGRADE \$.85 | HOT BREAKFAST BUFFET UPGRADE \$4.25

CLASSIC CONTINENTAL

SELECT THREE

DANISH STRUDEL STICKS
BAGELS CAKE DONUTS
MUFFINS CROISSANTS

REFRESHING YOGURT BAR V

STRAWBERRY OR VANILLA YOGURT
ASSORTED FRUIT TOPPINGS
GRANOLA
MINI MUFFINS

LUNCH BUFFET

SELECT ONE

SOUP & SANDWICH

CHOICE OF SOUP
SANDWICH PLATTER
VEGGIES & DILL DIP OR HUMMUS
CREAMY POTATO SALAD
ASSORTED DESSERTS

TACO BAR

CHICKEN OR BEEF
SPANISH RICE
FRESH FRUIT BOWL
ASSORTED BARS & COOKIES

PULLED PORK CARNITAS

BARBECUE SAUCE & KAISER ROLLS
NEW RED POTATOES
GREEN BEANS WITH HERBS
COLESLAW
ASSORTED BARS & COOKIES

MANDARIN CHICKEN SALAD BAR

BREADSTICKS
ASSORTED BARS & COOKIES

LASAGNA

INCREMENTS OF 12
RELISH TRAY
CAESAR SALAD
BREADSTICKS
ASSORTED BARS & COOKIES

BAKED POTATO BAR

TOSSED GREEN SALAD
ASSORTED BARS

CHICKEN DINNER

SEASONED BONELESS CHICKEN BREAST
TOPPED WITH CHOPPED BACON
POTATOES, CARROTS, ONIONS, AND
GRAVY
TOSSED GREEN SALAD
FRESH ROLLS & BUTTER
ASSORTED DESSERTS

VIP BOX LUNCHES

ASSORTED SIDES & DESSERTS

AFTERNOON SNACK

SELECT ONE

DELIVERED WITH LUNCH

INDIVIDUAL SNACK BAGS
SLICED CHEESE & CRACKERS
ASSORTED BARS & COOKIES

YOGURT PRETZELS
TORTILLA CHIPS & SALSA
HUMMUS & FLATBREAD

ADD MORE BEVERAGES OR DESSERTS FROM THE NEXT PAGE!

BEVERAGES

INDIVIDUAL BEVERAGES

ASSORTED CANNED SODA ... 1.50
BOTTLED WATER ... 1.50
BOTTLED FLAVORED MINERAL WATER ... 1.50
BOTTLED JUICE ... 1.95
ASSORTED INDIVIDUAL MILK ... 1.50
HOT TEA ... 1.50

BEVERAGES BY THE GALLON

ICED TEA • LEMONADE • ORANGE JUICE • FRUIT PUNCH
HOT COCOA • HOT APPLE CIDER
1 GALLON ... 18.00 • 2.5 GALLONS ... 35.00 • 5 GALLONS ... 60.00
ICE WATER WITH LEMON
1 GALLON ... 3.00 • 2.5 GALLONS ... 7.50 • 5 GALLONS ... 15.00

DESSERTS

DECORATED CAKES CHOCOLATE, MARBLE, OR WHITE
QUARTER SHEET CAKE (20 SERVINGS) ... 50.00
HALF SHEET CAKE (40 SERVINGS) ... 75.00
FULL SHEET CAKE (80 SERVINGS) ... 110.00

ASSORTED CUPCAKES ... 2.50
ASSORTED GOURMET DESSERTS ... 2.50
ICE CREAM SOCIAL ... 3.50

NOT SURE WHAT TO CHOOSE?
WE CAN HELP!

EMAIL US **PFS@MINTAHOE.COM**
CALL US **612.767.1767**

DID YOU KNOW?

MINTAHOE CATERING & EVENTS
ALSO OFFERS THREE OTHER CATERING SERVICES!

YOUR PLACE OR OURS?

WE HAVE **SEVEN** BEAUTIFUL VENUES TO CHOOSE FROM
IN THE TWIN CITIES!



FULL-SERVICE

STEP UP YOUR NEXT EVENT
WITH OUR AWARD-WINNING
FULL-SERVICE DIVISION!



PICNICS PLUS!

ENJOY FRESHLY GRILLED
MEALS IN THE SUN WITH OUR
PICNICS PLUS DIVISION!



BAR & BEVERAGE

IMPRESS YOUR GUESTS WITH
ELEGANT DRINKS TO SIP ON WITH
OUR BAR & BEVERAGE SERVICE!