



PROFESSIONAL FOODSERVICE

CORPORATE CATERING MENU

BY MINTAHOE CATERING & EVENTS

2017
PFS
PROFESSIONAL
FOODSERVICE

professional foodservice



2017
PFS
PROFESSIONAL
FOODSERVICE

three easy steps

1

PLACE YOUR ORDER

CALL **612.767.1767** | EMAIL **PFS@MINTAHOE.COM**
NOT SURE WHAT YOU WANT? WE HAVE LOTS OF IDEAS
BROWNIE POINTS: WE APPRECIATE 48 HOURS ADVANCE

2

WE'LL CONFIRM

WE'LL TOUCH BASE 1 BUSINESS DAY PRIOR TO CONFIRM

3

ENJOY YOUR MEAL!

OUR DELIVERY TEAM WILL SET EVERYTHING UP FOR YOU
WE'LL ALSO RETURN LATER TO PICK UP ANY EQUIPMENT

DELIVERY DETAILS

CATERING MINIMUM OF \$75.00 AND 10 PEOPLE PER BUFFET

COMPOSTABLE DINNERWARE IS AVAILABLE FOR AN ADDITIONAL CHARGE

DELIVERY CHARGE IS BASED ON LOCATION AND THE SIZE OF YOUR ORDER

24 HOUR CANCELLATION

PROFESSIONAL STAFFING AVAILABLE FOR ADDITIONAL FEE

612.767.1767 | **MINTAHOE.COM**

professional foodservice

fresh. friendly. fantastic.

PROFESSIONAL FOODSERVICE IS THE TWIN CITIES TOP CHOICE FOR CORPORATE CATERING. WHETHER YOU NEED TO MASTER A WORK MEETING OR IMPRESS AT THE HOLIDAY PARTY, PROFESSIONAL FOODSERVICE WILL ALWAYS DELIVER!

OUR MENUS FEATURE DISHES AND DELIGHTS PREPARED WITH THE FRESHEST INGREDIENTS AROUND. OUR PROMPT AND HELPFUL DELIVERY TEAM WILL SET EVERYTHING UP, SO YOU CAN RELAX AND ENJOY COMPLIMENT AFTER (MOUTH-FILLED) COMPLIMENT.

WE'LL RISE, YOU SHINE ... 2
BRILLIANT BOX LUNCHES ... 4
LIGHT LUNCHES ... 6
THEMED BUFFETS ... 8
DESIGN YOUR BUFFET ... 10
SEMINAR PACKAGE ... 12
BEVERAGES & DESSERTS ... 13

DIETARY SYMBOLS

GF : GLUTEN FREE - CONTAINS NO GLUTEN

V : VEGETARIAN - NO ANIMAL PROTEINS EXCEPT DAIRY

Vv : VEGAN - NO ANIMAL PRODUCTS OR BY-PRODUCTS

PROFESSIONAL FOODSERVICE

professional foodservice

we'll rise, you shine

BREAKFAST BUFFETS

KICK START YOUR DAY WITH A DELICIOUS BREAKFAST BUFFET
SERVED WITH CANNED JUICES • UPGRADE TO BOTTLED JUICE FOR \$.75 PER PERSON

YOGURT BAR **V** ... 9.75

STRAWBERRY OR VANILLA YOGURT WITH ASSORTED FRUIT TOPPINGS AND GRANOLA, MINI MUFFINS, AND FRESH FRUIT

COUNTRY BREAKFAST ... 10.75

SCRAMBLED EGGS, COUNTRY-FRIED POTATOES, DANISH PASTRIES, BACON STRIPS OR SAUSAGE LINKS, AND FRESH FRUIT ADD CHEDDAR CHEESE OR SALSA FOR \$.50

BREAKFAST BURRITOS ... 11.75

YOUR CHOICE OF BACON, SAUSAGE OR HAM WITH FLOUR TORTILLAS, SCRAMBLED EGGS, SHREDDED CHEDDAR, DICED GREEN PEPPER, DICED ONION, SALSA & SOUR CREAM WITH POTATO ROUNDS, MINI MUFFINS, AND FRESH FRUIT

BREAKFAST SANDWICHES ... 11.75

YOUR CHOICE OF BACON, SAUSAGE OR HAM WITH FLAKY CROISSANTS OR ENGLISH MUFFINS, SCRAMBLED EGG, CHEESE, HASHBROWNS, MINI MUFFINS, AND FRESH FRUIT

FRENCH TOAST BAKE ... 11.75 INCREMENTS OF 12

WITH SCRAMBLED EGGS, BACON STRIPS OR SAUSAGE LINKS, AND FRESH FRUIT

BREAKFAST QUICHE ... 11.75 INCREMENTS OF 12

HAM OR SPINACH **V** QUICHE IN A BUTTERY PASTRY CRUST SERVED WITH BACON STRIPS, ICED CINNAMON ROLLS, DANISH PASTRIES, AND FRESH FRUIT

BAKED EGG STRATA **V** ... 11.75 INCREMENTS OF 12

GREEN PEPPER, ONION, MUSHROOM & CHEDDAR SERVED WITH ASSORTED MUFFINS AND DANISH PASTRIES, YOUR CHOICE OF BACON STRIPS OR SAUSAGE LINKS, AND FRESH FRUIT

BREAKFAST beverages

FRESH BREWED COFFEE

1 GALLON ... 24.95
2.5 GALLONS ... 39.95
5 GALLONS ... 69.95

BOTTLED JUICE ... 1.95

BOTTLED WATER ... 1.50
ASSORTED INDIVIDUAL MILK ... 1.50
HOT TEA ... 1.25

612.767.1767 | MINTAHOE.COM

CONTINENTAL a la carté

PRICED PER DOZEN

PASTRIES

ASSORTED PASTRY TRAY ... 19.95
DANISH, STRUDEL STICKS, AND SCONES

ASSORTED MINI PASTRY TRAY (2 PER) ... 19.95
MINI BAGELS, MINI MUFFINS, AND MINI STRUDEL STICKS

ASSORTED CAKE DONUTS ... 14.95

ASSORTED MUFFINS WITH BUTTER AND HONEY ... 22.95

ASSORTED BAGELS WITH CREAM CHEESE ... 24.95

CROISSANTS STRAWBERRY OR CHOCOLATE ... 24.95

ICED CINNAMON ROLLS ... 24.95

COFFEE CAKE & FRUIT BREAD ... 13.95

HEALTHY CHOICES

INDIVIDUAL YOGURTS ... 19.95

YOGURT & GRANOLA STRAWBERRY OR VANILLA ... 24.95

GRANOLA BARS ... 19.95

STEEL CUT OATMEAL BERRIES, BROWN SUGAR, WALNUTS, DRIED CRANBERRIES ... 44.95

HARD BOILED EGGS ... 19.95

FRESH FRUIT ... 29.95

FRESH CUT FRUIT BOWL, SLICED FRUIT TRAY, OR ASSORTED WHOLE FRUIT

HOT

SCRAMBLED EGGS ... 29.95

BUTTERMILK BISCUITS & GRAVY ... 36.95

BACON STRIPS (2 PER) ... 29.95

SAUSAGE LINKS (2 PER) ... 29.95

TURKEY SAUSAGE LINKS (2 PER) ... 29.95

DIETARY a la carté

CAKE DONUTS **GF, DF** ... 2.25

MUFFINS **GF, DF** ... 3.50

MINI MUFFINS **GF, DF** ... 1.95

SCONES **GF** ... 2.25

BAGELS **GF, DF** ... 3.50

SOY YOGURT **GF, DF** ... 2.25

Vegan Options Available

PROFESSIONAL FOODSERVICE

we'll rise, you shine

brilliant box lunches

CLASSIC BOX | 10.95

SERVED WITH LEAF LETTUCE, MAYO & MUSTARD PACKETS, FRESH COOKIE OR BAR

SANDWICH

SMOKED TURKEY BREAST
SMOKED HAM
ROAST BEEF
CHICKEN SALAD
TUNA SALAD
GRILLED CHICKEN BREAST
CLASSIC CLUB
SUPER-SUBMARINE
GARDEN V

BREAD

WHOLE WHEAT
WHITE KAISER ROLL
MARBLE RYE
CROISSANT
PRETZEL BUN
MULTI-GRAIN GF, DF

CHEESE

SWISS
CHEDDAR
PROVOLONE
PEPPER JACK

FRUIT

SEASONAL FRUIT

SIDE

KETTLE CHIPS GF, DF
COLESLAW GF
POTATO SALAD GF
BROCCOLI SALAD
PASTA SALAD
PESTO PASTA SALAD
MARINATED VEGETABLE SALAD

VIP BOX | 12.95

VIP SANDWICHES SERVED WITH ASSORTED FRUIT, SIDE, AND DESSERT
VIP SALADS SERVED WITH A BREADSTICK

SMOKED TURKEY KAISER ROLL

WITH SWISS CHEESE, SLICED TOMATO, RED ONION, SPRING GREENS, CRANBERRY RELISH

ROAST BEEF CIABATTA

WITH PEPPER JACK CHEESE, SLICED TOMATO, RED ONION, SPRING GREENS, WASABI AIOLI

SMOKED HAM FOCACCIA

WITH CHEDDAR CHEESE, SLICED TOMATO, RED ONION, SPRING GREENS, HONEY MUSTARD

VIP CLUB

SMOKED TURKEY BREAST AND HAM ON A FRENCH ROLL WITH SMOKED GOUDA, SLICED TOMATO, RED ONION, SPRING GREENS, SMOKY BACON AIOLI

CHICKEN CAESAR SALAD

GRILLED DICED CHICKEN BREAST, CRISP ROMAINE LETTUCE, GRATED PARMESAN, CROUTONS, AND CAESAR DRESSING

TACO SALAD GF

SEASONED CHICKEN OR BEEF, TORTILLA STRIPS, SHREDDED LETTUCE, DICED TOMATO, RED ONION, SHREDDED CHEDDAR, SALSA, SOUR CREAM, TACO SAUCE

COBB SALAD

GRILLED DICED CHICKEN BREAST, SPRING GREENS, BLEU CHEESE CRUMBLES, EGG SLICES, BACON BITS, DICED TOMATO, BLACK OLIVES, ASSORTED DRESSING PACKETS

MANDARIN CHICKEN SALAD

GRILLED DICED CHICKEN BREAST, STRAWBERRIES, MANDARIN ORANGES, CASHEWS, SPRING GREENS, WONTON NOODLES, ASIAN GINGER DRESSING

STRAWBERRY SPINACH SALAD GF, Vv

SLICED STRAWBERRIES, BABY SPINACH, ALMOND SLIVERS, RED ONION, DRIED CRANBERRIES, RASPBERRY VINAIGRETTE

PRESIDENTIAL BOX | 14.95

PRESIDENTIAL SANDWICHES SERVED WITH ASSORTED FRUIT, SIDE, AND DESSERT
PRESIDENTIAL SALADS SERVED WITH A BREADSTICK, ASSORTED FRUIT, AND DESSERT

CAPRESE FLATBREAD V

ROMA TOMATOES AND MOZZARELLA TOSSED IN A BASIL PISTACHIO PESTO WITH AGED BALSAMIC REDUCTION ON FLATBREAD

GRILLED CHICKEN FOCACCIA

MARINATED GRILLED CHICKEN BREAST WITH PROVOLONE, RED ONION, SPRING GREENS, AND RED PEPPER AIOLI ON FOCACCIA

ITALIAN DELI SUB

HARD SALAMI, PEPPERONI, THINLY SLICED PROSCIUTTO, PROVOLONE, SLICED TOMATO, SHREDDED LETTUCE, AND ITALIAN DRESSING ON A PARMESAN HOAGIE

ASIAN CHICKEN WRAP

GRILLED JULIENNE CHICKEN, CABBAGE, CUCUMBER, RED PEPPER, CILANTRO, CHOPPED CASHEWS, CHOPPED PEANUTS, AND SESAME DRESSING IN A WHOLE WHEAT TORTILLA

WILDBERRY TURKEY SALAD GF

JULIENNE SMOKED PEPPER TURKEY BREAST, WALNUTS, AND STRAWBERRIES ON SPRING GREENS WITH WILDBERRY VINAIGRETTE

SOUTHWESTERN CHICKEN SALAD

CAJUN DICED GRILLED CHICKEN BREAST, BLACK BEAN & CORN RELISH, TOMATO, EGG SLICES, AND AVOCADO ON SPRING GREENS WITH SOUTHWEST DRESSING

BLUEBERRY SPRING SALAD V, GF

BLUEBERRIES, DRIED CHERRIES, TOASTED WALNUTS, AND BLEU CHEESE CRUMBLES ON SPRING GREENS WITH AGED BALSAMIC VINAIGRETTE
ADD GRILLED CHICKEN BREAST \$3

DESSERTS

CHUNKY MONKEY BAR
LEMON BAR
FUDGE NUT BAR
OREO BAR
BROWNIE

TURTLE BROWNIE
SEVEN-LAYER BAR
OATMEAL CARMELITA BAR
PEANUT BUTTER BAR
PECAN TOFFEE BAR

PERSONALIZE
BOX LUNCHES
FOR \$1.50

GF GLUTEN FREE | Vv VEGAN | V VEGETARIAN

PROFESSIONAL FOODSERVICE

light lunches

LIGHT LUNCHES

INCLUDE A DISPOSABLE BUFFET TABLE COVERING, SINGLE-USE PLATES, FLATWARE, AND NAPKINS

BUILD - YOUR - OWN

BUILD-YOUR-OWN SANDWICH ... 6.95
ROAST BEEF, SMOKED HAM, SMOKED TURKEY BREAST, AND SALAMI WITH ASSORTED CHEESE, SLICED TOMATO, LEAF LETTUCE, PICKLES, OLIVES, BREADS & ROLLS, AND CONDIMENTS

MANDARIN CHICKEN SALAD ... 9.95
GRILLED DICED CHICKEN BREAST, STRAWBERRY, MANDARIN ORANGES, CASHEWS, SPRING GREENS, WONTON NOODLES, ASIAN GINGER DRESSING AND BREADSTICKS

TACO SALAD BAR ... 9.95
SEASONED CHICKEN OR BEEF, TORTILLA STRIPS, SHREDDED LETTUCE, DICED TOMATO, RED ONION, SHREDDED CHEDDAR, SALSA, SOUR CREAM, TACO SAUCE, AND FRESH FRUIT

BAKED POTATO BAR ... 8.95
BAKED POTATOES WITH BACON, BEEF OR VEGETARIAN CHILI, SHREDDED CHEDDAR, RED ONION, BUTTER, SALSA, SOUR CREAM, CHIVES, AND BARS & COOKIES

COBB SALAD BAR ... 9.95
GRILLED DICED CHICKEN BREAST, SPRING GREENS, BLEU CHEESE CRUMBLES, EGG SLICES, BACON, DICED TOMATO, BLACK OLIVES, ASSORTED DRESSINGS AND BREADSTICKS

SALAD BAR GF ... 11.95
SPRING GREENS, SMOKED HAM, SMOKED TURKEY BREAST, BACON BITS, BROCCOLI, CAULIFLOWER, SHREDDED CHEDDAR, CUCUMBERS, DICED EGGS, SLICED MUSHROOMS, DICED TOMATO, RED ONION, SUNFLOWER SEEDS, CROUTONS, ASSORTED DRESSINGS AND BREADSTICKS

SANDWICH PLATTERS

CLASSIC SANDWICH PLATTER ... 7.25
HALF SANDWICH PLATTER ... 3.95
SMOKED HAM, SMOKED TURKEY BREAST, ROAST BEEF, CHICKEN SALAD, AND GARDEN WITH PICKLES, OLIVES, AND CONDIMENTS

VIP & PRESIDENTIAL PLATTER ... 8.25
CHOOSE UP TO (4)
MARINATED VEGETABLE WRAP V
GRILLED CHICKEN FOCACCIA
ITALIAN DELI SUB ON A PARMESAN HOAGIE
VIP CLUB ON A FRENCH ROLL
SMOKED TURKEY KAISER ROLL
ROAST BEEF CIABATTA
SMOKED HAM FOCACCIA
ASIAN CHICKEN WRAP

CLASSIC PARTY SUB ... 32.95
(12 SERVINGS)
SMOKED TURKEY BREAST, BOLOGNA, SALAMI, LETTUCE, TOMATO, RED ONION, CHEDDAR AND SWISS ON A SOURDOUGH BAGUETTE WITH MAYO, MUSTARD AND ITALIAN DRESSING

VEGGIE PARTY SUB V ... 29.95
(12 SERVINGS)
SLICED CUCUMBER, TOMATO, RED ONION, RADISHES, SHREDDED LETTUCE, ALFALFA SPROUTS, HUMMUS, AND PROVOLONE ON A SOURDOUGH BAGUETTE

ADD A SOUP | 3.50

CREAM OF CHICKEN WILD RICE	CREAMY TOMATO V
VEGETABLE BEEF	CHILI CORN CHOWDER
GARDEN VEGETABLE GF, Vv	BEEF CHILI
CHEESY POTATO V	BLACK BEAN VEGETABLE Vv, GF
CHICKEN NOODLE	VEGETABLE CHILI Vv, GF

ADD A SALAD | 2.25

POTATO SALAD V, GF	SEVEN-LAYER SALAD
BROCCOLI & BACON SALAD	KALE BROCCOLI-SLAW Vv, GF
MARINATED VEGETABLE SALAD V, GF	PASTA SALAD V
TOSSED GREEN SALAD V	CHOPPED VEGETABLE SALAD V

ADD A SIDE

ASSORTED SNACK BAGS ... 1.75
CHIPS, PRETZELS, POPCORN, FRITOS, MINI GOLD FISH, CHEEZE-ITS, CHEX MIX, TRAIL MIX

ASSORTED BARS & COOKIES ... 1.75

FRESH FRUIT ... 2.50
FRESH CUT FRUIT BOWL, SLICED FRUIT TRAY, OR ASSORTED WHOLE FRUIT

FRESH VEGETABLE TRAY ... 2.25
WITH DILL DIP OR HUMMUS

CHIPS, GUACAMOLE & SALSA ... 2.95

SWEET & SALTY SNACKS ... 2.95
MINI SNICKERS, MILKYWAY, TWIX, 3 MUSKETEERS, YOGURT COVERED PRETZELS

GF GLUTEN FREE | Vv VEGAN | V VEGETARIAN

themed buffets

THEMED BUFFETS ARE DESIGNED TO PLEASE! OUR TEAM WILL SET UP YOUR BUFFET WITH CHAFERS, A DISPOSABLE BUFFET TABLE COVERING, SINGLE-USE PLATES, FLATWARE, AND NAPKINS.

ALL-AMERICAN FARE

BRATS & BURGERS ... 13.75
WITH BAKED BEANS, POTATO CHIPS, COLESLAW, RELISH TRAY, AND APPLE PIE SQUARES

YANKEE POT ROAST ... 13.75
HEARTY POT ROAST WITH POTATOES, ONIONS, CARROTS, AND GRAVY SERVED WITH TOSSED GREEN SALAD, DINNER ROLLS & BUTTER, AND ASSORTED DESSERTS

TRADITIONAL BEEF STEW ... 13.75
WITH TOSSED GREEN SALAD, CORNBREAD WITH BUTTER & HONEY, AND FRESH BAKED COOKIES

SIZZLIN' SOUTHWEST

SERVED WITH FRESH CUT FRUIT AND BARS & COOKIES

TACO BAR ... 13.75
YOUR CHOICE OF SEASONED CHICKEN OR BEEF, HARD & SOFT SHELLS, SPANISH RICE, LETTUCE, DICED TOMATO, ONION, SHREDDED CHEDDAR, SALSA, SOUR CREAM, GUACAMOLE, HOT SAUCE

CHICKEN OR BEEF FAJITAS ... 13.75
WITH SOFT TORTILLA SHELLS, SAUTÉED PEPPERS AND ONIONS, SPANISH RICE, SHREDDED CHEDDAR CHEESE, SALSA, SOUR CREAM, AND HOT SAUCE

ENCHILADAS ... 13.75
YOUR CHOICE OF BEEF, CHICKEN, OR CHEESE ENCHILADAS SERVED WITH SPANISH RICE, REFRIED BEANS, SOUR CREAM, AND SALSA

ASIAN FUSION

SERVED WITH STEAMED WHITE RICE, ASIAN COLESLAW, SOY SAUCE, FRESH BAKED BARS AND FORTUNE COOKIES. UPGRADE TO VEGETABLE FRIED RICE \$1.50

STIR-FRY ... 13.75
BEEF, CHICKEN, OR VEGETABLE SERVED WITH CHOW MEIN NOODLES

TERIYAKI CHICKEN ... 13.75
PINEAPPLE GINGER TERIYAKI CHICKEN SERVED WITH CHOW MEIN NOODLES

MN COMFORT CLASSICS

SERVED WITH A TOSSED GREEN SALAD, FRESH VEGGIE TRAY, DINNER ROLLS, AND ASSORTED DESSERTS

TATER TOT HOTDISH ... 13.25
GROUND BEEF, TATER TOTS, CHEDDAR CHEESE AND MUSHROOM SAUCE

TURKEY WILD RICE CASSEROLE ... 13.25
TURKEY, CHEDDAR CHEESE, WILD RICE, CELERY, ONIONS, AND TURKEY GRAVY

PASTA PRIMAVERA **V** ... 13.25
FETTUCCINE, BROCCOLI, CAULIFLOWER, CARROTS, ONIONS AND WHITE SAUCE

SCALLOPED POTATO & HAM CASSEROLE ... 13.25

ITALIAN ESCAPES

SERVED WITH A CAESAR SALAD, RELISH TRAY, FRENCH BREAD, AND BARS & COOKIES

PASTA BAR ... 15.25
MOSTACCIOLI & FETTUCCINI NOODLES, ROMA TOMATO MARINARA & CREAMY ALFREDO SAUCES, GRATED PARMESAN CHEESE WITH A TOSSED ITALIAN SALAD, GARLIC BREAD AND ASSORTED DESSERTS. YOUR CHOICE OF TWO: JULIENNE CHICKEN STRIPS, ITALIAN SAUSAGE, MEATBALLS OR VEGETABLE MEDLEY

SPAGHETTI & MEATBALLS ... 12.50
WITH MARINARA SAUCE AND PARMESAN CHEESE

CHICKEN ALFREDO ... 13.75
SEASONED CHICKEN BREAST WITH CREAMY ALFREDO SAUCE

BAKED ZITI **V** ... 12.50
WITH MARINARA SAUCE AND MOZZARELLA CHEESE

LASAGNA ... 13.75
YOUR CHOICE OF BEEF, SPINACH, OR CHEESE (INCREMENTS OF 12)

CHICKEN PENNE PASTA ... 13.75
WITH JULIENNE CHICKEN BREAST IN A GARLIC CREAM SAUCE

GF GLUTEN FREE | **Vv** VEGAN | **V** VEGETARIAN

design your buffet

OUR TEAM WILL SET UP YOUR BUFFET WITH CHAFERS, A DISPOSABLE BUFFET TABLE COVERING, SINGLE-USE PLATES, FLATWARE, AND NAPKINS. ALL BUFFETS INCLUDE DINNER ROLLS WITH BUTTER.

DESIGN YOUR BUFFET | ENTREES

POULTRY

HERB ROASTED CHICKEN GF ... 13.95
BONE-IN OR BONELESS

BONELESS CHICKEN BREAST ... 13.95
CHOOSE FROM LEMON HERB SAUCE, HONEY GLAZE, SUN-DRIED TOMATO CREAM SAUCE, OR CREAMY SUPREME SAUCE

FRIED CHICKEN ... 13.95

CHICKEN PARMESAN ... 13.95

BAKED TURKEY & SAGE DRESSING ... 13.95

PORK

BAKED HAM GF ... 13.95
WITH PINEAPPLE RINGS

STUFFED PORK CHOPS ... 13.95

ROASTED PORK LOIN ... 13.95
WITH APPLE-JACK SAUCE

BEEF

CHAR-BROILED CHOPPED SIRLOIN ... 13.95
WITH SAUTÉED MUSHROOMS AND ONIONS

SLICED ROAST BEEF AU JUS GF ... 13.95

*BURGUNDY MUSHROOM SIRLOIN TIPS ... 13.95
OVER PARSLEY BUTTERED NOODLES

HOMEMADE MEATLOAF ... 13.95

*CLASSIC BEEF STROGANOFF ... 13.95

6OZ RIB-EYE STEAK GF ... 19.95

HOT SANDWICHES

SHREDDED PHILLY BEEF ... 13.50
WITH PEPPERS, ONIONS, PROVOLONE, AND FRENCH ROLLS

OPEN-FACED HOT TURKEY & GRAVY ... 13.50
WITH RUSTIC BREAD

SHREDDED BARBECUE BEEF ... 13.50
WITH ONION BUNS

PULLED PORK CARNITAS ... 13.50
WITH BARBECUE SAUCE AND KAISER ROLLS

MEATBALL SUB ... 13.50
WITH SLICED PROVOLONE AND ITALIAN ROLLS

SLOPPY JOES ... 13.50
WITH KAISER ROLLS

HERB GRILLED CHICKEN BREAST ... 13.50
WITH TOMATO, RED ONION, LEAF LETTUCE, CONDIMENTS, AND CIABATTA

SEAFOOD

BAKED COD GF ... 13.95

TORTILLA ENCRUSTED TILAPIA ... 13.95

VEGETARIAN

PORTOBELLO MUSHROOMS V, GF, DF ... 12.75
BAKED WITH POTATOES AND SPINACH

POTATO VINDALOO V, Vv, GF ... 12.75

CHEESE TORTELLINI V ... 12.75
WITH SUN-DRIED TOMATO PESTO SAUCE

RATATOUILLE V, Vv, GF ... 12.75

SIDES | SELECT FOUR

*ENTREES SELECT (3) SIDES

SALADS

TOSSED GREEN SALAD AVAILABLE GF
SEVEN-LAYER SALAD

CAESAR SALAD AVAILABLE GF

TOSSED ITALIAN SALAD

MARINATED VEGETABLE SALAD GF

PASTA SALAD

PARMESAN VEGETABLE SALAD

CHOPPED VEGETABLE SALAD GF, Vv

COLESLAW GF

MANDARIN SALAD AVAILABLE GF

BROCCOLI-SLAW SALAD GF, V

ASIAN COLESLAW

STARCHES

MASHED POTATOES WITH GRAVY

BROWN RICE GF

SKIN-ON GARLIC MASHED POTATOES GF

AU GRATIN POTATOES

SCALLOPED POTATOES

ROASTED NEW RED POTATOES GF

QUARTER CHEESY FRIES

STEAMED WHITE RICE GF

RICE PILAF GF

PARSLEY BUTTERED NOODLES

PENNE PASTA IN GARLIC CREAM SAUCE

VEGETABLES

CARROTS IN A BUTTERY DILL SAUCE GF

SEASONED CORN GF

CALIFORNIA VEGETABLE MEDLEY GF

GLAZED CARROTS GF

GREEN BEANS WITH HERBS GF

GREEN BEANS AMANDINE GF

KEY LARGO VEGETABLE MEDLEY GF

DESSERTS

ASSORTED BARS & COOKIES

CANNOLI CAKE

CHOCOLATE MOUSSE CAKE

BANANA CREAM CAKE

CARROT CAKE

COOKIES & CREAM CAKE

CHEESECAKE

ECLAIRS

ASSORTED DESSERTS

ASSORTED PIE SQUARES

SALTED CARAMEL APPLE POKE CAKE

GLUTEN FREE DESSERTS AVAILABLE

GF GLUTEN FREE | Vv VEGAN | V VEGETARIAN

seminar package

SEMINAR PACKAGE | 18.95

SEMINAR BREAKFAST

FRESH FRUIT • REGULAR & DECAF COFFEE WITH CONDIMENTS • ASSORTED CANNED JUICE
UPGRADE TO BOTTLED JUICE \$.75 • UPGRADE TO HOT BREAKFAST BUFFET \$3.95

YOGURT BAR

STRAWBERRY OR VANILLA YOGURT
ASSORTED FRUIT TOPPINGS
GRANOLA
MINI MUFFINS

CLASSIC CONTINENTAL

SELECT THREE

DANISH STRUDEL STICKS
BAGELS MUFFINS
DONUTS CROISSANTS

SEMINAR LUNCH BUFFET

SOUP & SANDWICH

CHOICE OF SOUP
CLASSIC SANDWICH TRAY
VEGGIES & DILL DIP OR HUMMUS
CREAMY POTATO SALAD
ASSORTED DESSERTS

LASAGNA

INCREMENTS OF 12
RELISH TRAY
CAESAR SALAD
BREADSTICKS
ASSORTED BARS & COOKIES

MANDARIN CHICKEN SALAD BAR

BREADSTICKS
ASSORTED BARS & COOKIES

BAKED POTATO BAR

TOSSED GREEN SALAD
ASSORTED BARS

TACO BAR

FRESH FRUIT BOWL
ASSORTED BARS & COOKIES

PULLED PORK CARNITAS

BARBECUE SAUCE & KAISER ROLLS
NEW RED POTATOES
GREEN BEANS WITH HERBS
COLESLAW
ASSORTED BARS & COOKIES

CHICKEN DINNER

SEASONED BONELESS CHICKEN BREAST
WITH CHOPPED BACON, POTATOES,
CARROTS, ONIONS, AND GRAYV
TOSSED GREEN SALAD
FRESH ROLLS & BUTTER
ASSORTED DESSERTS

VIP BOX LUNCHES

ASSORTED SIDES & DESSERTS

SEMINAR AFTERNOON SNACK

INDIVIDUAL SNACK BAGS
SLICED CHEESE & CRACKERS
ASSORTED BARS & COOKIES

YOGURT PRETZELS
TORTILLA CHIPS & SALSA
HUMMUS & FLATBREAD

beverages

INDIVIDUAL BEVERAGES

ASSORTED CANNED SODA ... 1.50
BOTTLED WATER ... 1.50
BOTTLED FLAVORED MINERAL & SPARKLING WATER ... 1.50
BOTTLED JUICE ... 1.95
ASSORTED INDIVIDUAL MILK ... 1.50
HOT TEA ... 1.25

BEVERAGES BY THE GALLON

ICED TEA • LEMONADE • ORANGE JUICE • FRUIT PUNCH
HOT COCOA • HOT APPLE CIDER
1 GALLON ... 18.00 • 2.5 GALLONS ... 35.00 • 5 GALLONS ... 60.00
ICE WATER WITH LEMON
1 GALLON ... 3.00 • 2.5 GALLONS ... 7.50 • 5 GALLONS ... 15.00

desserts

DECORATED CAKES CHOCOLATE, MARBLE, OR WHITE

QUARTER SHEET CAKE (20 SERVINGS) ... 50.00
HALF SHEET CAKE (40 SERVINGS) ... 75.00
FULL SHEET CAKE (80 SERVINGS) ... 110.00

ASSORTED CUPCAKES ... 29.95 DOZEN

ASSORTED GOURMET DESSERTS ... 29.95 DOZEN